

# Shri Shivaji Education Society Amravati's DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE Shiraji Nagara Americai, 444603

Shivaji Nagar, Amravati- 444603





•OfficeTel: 0721-2552353

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·Website: www.pdmmc.edu.in

•E-mail: drpdmmc2007@rediffmail.com

Date: 30/12/2023

PDMMC/PSY/Out no. 512/23

### Department of Psychiatry

# Program/Activity Report

Project/Activity/Event Name: "World Mental Health Day"

Date: 10/10/2023

Venue / Place: OPD Premises, Dr. P.D.M.C. Amravati

Department / Section: Department of Psychiatry Dr. P.D.M.M. C. Amravati.

Objectives: To Spread Awareness about Mental Health, its Causes, statistics and To help people identifying their problems & take timely help.

Importance / Relevance / Introduction: 10th October of every year is declared as Mental Health Awareness week by WHO. This day is dedicated to mental health, its awareness in society and promoting positive mental health among different strata of population. People struggling from poor mental health or depression may experience poor quality of life. More troubles in daily activities sometimes intervention is required by spreading awareness.

### Brief Description of the activity carried out:

WHO declosed 10<sup>th</sup> October of every year as "World Mental Health Awareness". As a post of social/responsibility a social programmes was conducted for General population, Medical students, and Hospital staff by Department of Psychiatry on 10/10/2023 within OPD Premises on 10.30 am to 12 noon.

This programme was started by welcoming Chief Guest Dr. A. T. Deshmukh Dean & Dr. P.R. Tekade, Medical Superintendent, Dr. PDMMC & Introductory remark to Audience by Dr. A.V. Saboo, Head of the Department, Dr. PDMMC, Amravati.

Different Aspects of Mental Health Awareness has been discussed by team of residents -

- 1. About Introduction, Statistics & Courses by Dr. Risha Jatal (PG student)
- Suicide Management, Psychosocial support and social Prevention by Dr. Pooja Hazare (PG student)

This program was followed by skid on

- a) Depressive Disorder
- b) Alcohol Use Disorder
- c) Schizophrenia

By B.Sc Nursing students to Audiences present for Program.

The Audience was informed that they could seek help from OPD No. 7 Department of Psychiatry Dr. PDMMC & to last conclusion remark was given by Respected Dean sir about mental awareness and its prevention and had timely help can prevent mode conclusion remark and thanked everyone for their attendance.

Conclusion Remark & Vote of Thanks was given by Dr. Vidyut Khandewale and Thanks all dignitaries and audience present for awareness program.

Dr. Sunay Vyas, Dr. Vilhekar, Dr. P. R. Torkadi, Dr. Swapnil Patil, Dr. K. A. Bansod, Dr. S. N. Agrawal, Dr. Thombare, Dr. S. S. Sande, Mrs. Chitra Deshmukh, Nursing Superintendent, Mrs. Manda Dhakade, Incharge Sister Psychiatry Ward, Mr. Kishor Ingle, Mrs. Manjusha Deshmukh, Mr. Akshay Pathrikar ect., Teaching staff, Non-Teaching Staff, UG & PG students were present.

### Recommendations:

- 1. Regular Mental Health awareness Programmes for Staff, Students & Patients
- Pictures/Poster for Awareness to be installed within Hospital Premises, Hostels and mess.
- 3. Importance of positive mental Health to be propagated to every class of people.
- 4. Awareness about timely intervention or seeking medical help into society.

#### Enclosure :

- 1. Program Notice
- 2. Photographs
- Classified list of Attendees with signatures (Teaching, Non-Teaching, UG & PG Students, Patients list)

Project Coordinator (Name): Dr. M. P. Murke

17. PT. Wile

Signature of Project Coordinator

Associate Professor
Department of Psychiatry
Dr. Panjabrao alias Bhausah-& Deshmukh
Memorial Medical College, Amravati

Designation: Associte Professor

Endorsed By : HOD/IC

Dr. A.V. Saboo, Professor & Head

Dept. of Psychiatry

Salcon

Professor & Heed
Department of Psychiatry
Or Penjabrao alias Bhausaheb Deshmukb
Memorial Medical College, Amravati



Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



Shri. Harshvardhan P. Deshmukh President Shri Shivaji Education Society

•OfficeTel: 0721-2552353

•E-mail: drpdmmc2007@rediffmail.com

Out. No. PDMMC/PSY/

/2023

Date: 10 / 10/2023

Program Name: World Mental Health Day

Date: 10th October, 2023

Venue: OPD Premises

### **Attendance Sheet of Teaching Staff**

Sr. No.	Name	Signature
1.	Du. A.T. Dehmukh	h
2	D5- A.V. Saboo	Salver
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4.	D. Nedernd Murke	M.P.Musice
5)	Dr. 12 combern P Patil (Responent)	an
6)	p. 6 pubey ( pest mus)	Gaz
7)	Da Pawan Tekade	20
8)	Dr. S. R. Nivmal	
9)	Dr. Videput Khoundervale	Vely
	Dr vilhelar	Z.
11)	De Anurog Khaper.	(My
	Dr. Shrikani Futane	July 1
13	Dr. A.B. Somarth,	Hamarell.
14	Dr. Pawan Bahungi	(A)
12	Dr. Pernjara khorgade	for
16.	Der. L. R. Mundhader	CG. K. Mundhader



Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



Shri. Harshvardhan P. Deshmukh

President Shri Shivaji Education Society

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Date: 10th October, 2023

Venue: OPD Premises

### **Attendance Sheet of Students**

Name	Signature
Disha Gwalwanet	Disha 9
Cindrela Jonathan	Cfonathan
Siddhant Jakhad	Alan .
Harshwardhan Tekade	W. b Terraf.
Pratik Belsave.	Routh
Or Kaustubl Bhor	Wan
De Pooja Hazare	<u>HP</u>
Dr. Prakhar sharma	Pshannes
Dr Swoj. A. Dermuter	
	Disha Gwalwaneth  Cindrela Jonathan  Siddhant Jakhad  Harehwarschen Tekade  Pratik Belsare.  Dr. Kaustukh Bhor  Dr. Pogja Hazare  Dr. Prakhan shanma  Dr. Swoj. A. Denner



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Date: 10th October, 2023

Venue: OPD Premises

### Attendance Sheet of Non-Teaching Staff

Sr. No.	Name	Signature
1)	Late Bhusese	1. Bh 302
2)	Pratisha lamotar	(b)
3)	Aparina Crawgode	Maule
IJ	Nilam Humane	Where
5)	Marda Shalceli	iphercelp
6)	Anil Chandreken	Acharts
7	Hanshada Grejar -	marulas
8)	Sushing Falhard	Beliant
9)	Laena Maler	(glas-
ry	Kishon guyan	Om
11)	Mr. P. B. Kalmesh	Salad
12)	Mr. R. F. Deshmally	
13)	Robit Peshadi	
14	pritis. Hande (IcTo counjoi)	lbn land
15	V.P. Gharde. L.T	ghande
16.	Mrs. Kearma Maleure	(D)



### Shri Shivaji Education Society Amravati's

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Date: 10 / 10/2023

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Date: 10th October, 2023

Venue: OPD Premises

### Attendance Sheet of Non-Teaching Staff

Sr. No.	Name	Signature
17.	Miss Aubata Wasanlans	334
18	Miss Ankator Wasanlans	o.



Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



Shri. Harshvardhan P. Deshmukh President Shri Shivaji Education Society

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Program Name: World Mental Health Day

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### **Attendance Sheet of Students**

Sr. No.	Name	Signature
1)	Gauri Gaurkhede	C.D. wkhide
2)	Ravina Gaughhiye	Regardely
3	Pranjali Handslade	Bwantehede
4	Vaishnaui Wankhate	Luarbhate
5)	Nikita sheTav	Dikida
6)	Diksha Raut	Dank
77	Manisha & Dashawat	Mdushou
87	Frandi Chawate	Phoware
9)	Vaishnavi Dehankar	v.v.pehanker.
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Shri. Harshvardhan P. Deshmukh President Shri Shivaji Education Society

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Date: 10 / 10/2023

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Date: 10th October, 2023

Venue: OPD Premises

### **Attendance Sheet of Students**

Sr. No.	Name .	Signature
(7	Vaishnavi Mohture	Vmolture.
18	Nikita Kalaskax	Bakalaskas.
19	Tejasmi Rahaje	T. R. Rahabe
20	Simran Humane	Simble
21	Sanghmitra Pande	Dark
22	Kashish Gawai	Rouxe
23	Shraddha Khandare	Mandage
24	Bhaggashri Ohurve	aphino
25	Achal Jawanjal	(Arawanta)
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Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



### Shri. Harshvardhan P. Deshmukh

President Shri Shivaji Education Society

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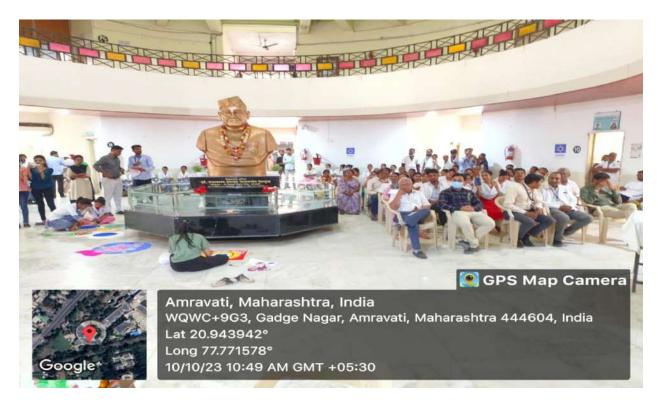
•E-mail: drpdmmc2007@rediffmail.com

PDMMC/PSY/Out no.

### **Department of Psychiatry**

Date:

"World Mental Health Day" on 10th October, 2023



















Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



Shri, Harshvardhan P. Deshmukh President Shri Shivaji Education Society

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•Website: www.pdmme.edu.in

Shri Shivaji Education Society
 Hamail: drpdmme2007@rediffmail.com

Out.No.PDMMC/PSY/512 /23

Department of Psychiatry

Date: 30/12/2023

### **Activity Report**

Project/Activity/Event Name: "World No Tobacco Day"

Date: 31st May, 2023

Venue / Place: Seminar hall, Psychiatry OPD No. 07 Dr.PDMC, Amravati Department / Section: Dept. of Psychiatry Dr. P.D.M.M. C. Amravati.

Objectives:

To spread awareness about the various forms of tobacco consumption and the physical, mental, and social problems this poses, and how they could overcome this addiction.

Importance / Relevance / Introduction:

The mental health of medical students can affect their education, social life, and emotional well-being. Students struggling with mental health may experience more significant challenges throughout school and adulthood, while those not struggling may have a greater zest for their education, social experiences, and more.

Brief Description of the activity carried out:

The "World No Tobacco Day" amongst Resident doctors organised by Dept. of Psychiay, Dr.PDMC on 31<sup>st</sup> May, 2023 in Seminar hall, Psychiatry OPD No. 07, Dr. Panjabrao Deshmukh Memorial Medical college, Amravati. Time- 3pm-5pm

The program was started with introducing the audience to what tobacco is, the epidemiology of its consumption, and the impact of this on society.

Ouestions and Answers -

- a. Audience was then encouraged to ask questions they had about tobacco use and its effects.
- b. They asked several questions, including what different tobacco products existed, what health risks they posed, and how tobacco consumption affected the users' family & friends.
- c. They also asked what help can be sought to reduce and eliminate one's tobacco use, and what treatment modalities were available.
- d. All these questions were answered in a comprehensive manner.

The audience was counselled about the great need of overcoming this addiction. Finally, the audience was informed that they could seek help from the Psychiatry OPD (no. 7) at Dr. PDMMC Amravati for tobacco cessation.

The audience was then told about the initiation of World No Tobacco Day, and the importance of this day in spreading awareness about the risks of tobacco consumption.Question and Answer round

**Recommendations:** Smoke-free policies, price increases, and health education campaigns that target large audiences. Methods like counseling and medication can also help people stop using tobacco.

### Enclosure:

 Photographs 2. Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students, Patients list)

Project Coordinator (Name): Dr. M.P.Murke

Designation: Asso. Professor & Acting HOD

M.P. Musice

Professor & Head
Endorsed Brondon Mich of Psychiatry
Or Parjabran allias Bhaus, h. b. Deshmuke
Assmorial Medical soilings, American

W. b. WASK 6

Signature of Froject Coordinator.

Dr. Panjabrao alius Bhaus h k Deshmuk Memorial Medical College, Amravati



Shri Shivaji Education Socity's Amravati

# Dr. PANJABRAO alias BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE, AMRAVATI



Shivaji Nagar, Amaravati-444603

PDMMC/PSY/ 253 /2023



DATE: 21/05/2023

### DEPARTMENT OF PSYCHIATRY

## CIRCULAR

On the occasion of "World No Tobacco Day", department of psychiatry is organizing a small event consisting of an interactive skit, Q&A, speeches and posters to shed light on the harmful effects of tobacco.

All the Teachers, faculty members, students and non-teaching staff are invited to grace the occasion.

Date: 31st May, 2023 (Wednesday)

Time: 10.00 am

Venue: OPD waiting Area, Dr. P.D. M. M. C. Amravati.

M.P. Mucke

TT.P:17ex

Prof. & Head, Dept. of Psychiatry , Dr. P.D.M.M.C. Amravati.

# Copy for Information and necessary action :-

- 5. The Dean, Dr. P.D.M.M.C. Amravati
- 6. I/C Electric Department (We will require a sound system and some furniture like tables and chairs for the same)
- 7. All notice Board, Interns Hostel/UG/PG/Hostel
- 8. All HOD, Department of \_\_\_\_\_\_Dr. P.D.M.M. C. Amravati.

### Copy To -

- 2. The Director, Dr. P.D.M.M.C. Amravati.
- 6. Administrative Officer
- 7. Medical Superintendent
- 8. Dy. Medical Superintendent

Date: 31/05/2023

Program Name: World No Tobacco Day

Venue: Psychiatry OPD No.7, Dr. PDMMC, Amravati.

Teaching Staff Attendance Sheet		eet
Sr. no.	Name	Signature
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Date: 31/05/2023

Program Name: World No Tobacco Day

Venue: Psychiatry OPD No.7, Dr. PDMMC, Amravati.

	Non- Staff Attendance Sheet	
Sr. no.	Name	Signature
1	Koereerrey Hadke	EP2
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3.	Mrs . Harshada Gujon	Hugar.
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Date: 31/05/2023

Program Name: World No Tobacco Day

Venue: Psychiatry OPD No.7, Dr. PDMMC, Amravati.

PG Students Attendance Sheet

PG Students Attendance Sheet		
Sr. no.	Name	Signature
4	Surgi. A. Derhmuch	Q <sub>j</sub>
2.	Kaustubh Bhor	WBhn
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4.	RISHA JATAL	Risla
5.	Puzushottam kukade	Bude
6	Rujula R- Lather	Poojatagare
7.	Posja A. Hazare	Poojatlagare
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Date: 31/05/2023

Program Name: World No Tobacco Day

Venue: Psychiatry OPD No.7, Dr. PDMMC, Amravati.

	Nursing Students Attendance S	heet
Sr. no.	Name	Signature
1	Vaishnavi Rajendra wadekar	Dunlikas
2	Shruti Wardhe	Quelkak Gwelhe
3	Pratike Darshang way Kale	Dwafekak
4	vishwakarma yedaskara.	
5	Preatharnesh wankhade.	Monkhale
6	Marda Shalled NKS	Nohakole.
7	Teeshula Marohar.	MANULACE
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9	prégal pensar Rohini sombuesar	S' Samone
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# DR . PANJABRAO alias BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE, AMRAVATI.

Shivaji Nagar, Amravati -444603

PDMMC/ / /202

Date: 31 05 2023

# Patient Attendance Sheet Of Program

Name of program - "World No Tobacco Day" Date: 31/05/2023

Sr. no.	Name	Signature
1.	Ishwazi Rathod	S.I. Raithed
2.	Ravindra Shinde	R. R. Thind
3.		hiles
4.	Sarang Khodke	Survi
5.	shubham UBwad	(A)m
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Shivaji Nagar, Amravati- 444603



Shri. Harshvardhan P. Deshmukh

President Shri Shivaji Education Society

MD (Pathology) Dean

PREACCHE

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PDMMC/PSY/Out no.

OfficeTel: 0721-2552353

# **Department of Psychiatry**

Date:

"World No Tobacco Day" on 31st May, 2023







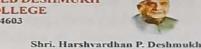








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President Shri Shivaji Education Society

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Out no PDMMC/PSY/ 512 23 Department of Psychiatry

Date: 30/12/2023

### Program/Activity Report

Project/Activity/Event Name: "World Suicide Prevention Day"

Date: 16/09/2023

Venue / Place: OPD Premises, Dr. P.D.M.C. Amravati

Department / Section: Department of Psychiatry Dr. P.D.M.M. C. Amravati.

Objectives: To Spread Awareness about Suicide, its Causes, statistics and prevention along with social awareness.

Importance / Relevance / Introduction: Suicide is a global phenomenon which affects significant number of people in our society especially young generation. It also carries high burden on families of those who come suicide. People struggling from poor mental health or depression may experience poor quality of life. More troubles in daily activities sometimes intervention is required by spreading awareness.

### Brief Description of the activity carried out:

WHO declosed 10<sup>th</sup> September of every year as "World Suicide Prevention Day". As a post of social/responsibility a social programmes was conducted for General population, Medical students, and Hospital staff by Department of Psychiatry on 16/9/2023 within OPD Premises on 10.30 am to 12 noon.

This programme was started by welcoming Chief Guest Dr. A. T. Deshmukh Dean & Dr. P.R. Tekade, Medical Superintendent, Dr. PDMMC & Introductory remark to Audience by Dr. A.V. Saboo, Head of the Department, Dr. PDMMC, Amravati.

Different Aspects of suicide has been discussed by team of residents -

- 1. About Introduction, Statistics & Courses by Dr. Kaustubh Bhor (PG student)
- 2. Risk Factors, warning signs and preventive factors by dr. Rish Jatal (PG student)
- Suicide Management, Psychosocial support and social Prevention by Dr. Pooja Hazare (PG student)

The Audience was informed that they could seek help from OPD No. 7 Department of Psychiatry Dr. PDMMC & to last conclusion remark was given by Respected Dean sir about suicide awareness and its prevention and had timely help can prevent mode conclusion remark and thanked everyone for their attendance.

Dr. Vidhyut Khandewale, Dr. Sunay Vyas, Dr. Vilhekar, Dr. P. R. Torkadi, Dr. Swapnil Patil, Dr. K. A. Bansod, Dr. S. N. Agrawal, Dr. Thombare, Dr. S. S. Sande, Mrs. Chitra Deshmukh, Nursing Superintendent, Mrs. Manda Dhakade, Incharge Sister Psychiatry Ward, Mr. Kishor Ingle, Mrs. Manjusha Deshmukh, Mr. Akshay Pathrikar ect., Teaching staff, Non-Teaching Staff, UG & PG students were present.

#### Recommendations:

- 1. Regular Suicide awareness Programmes for Staff, Students & Patients
- Pictures/Poster for Awareness to be installed within Hospital Premises, Hostels and mess.
- 3. Importance of positive mental Health to be propagated to every class of people.
- 4. Awareness about timely intervention or seeking medical help into society.

#### Enclosure:

- 1. Program Notice
- 2. Photographs
- Classified list of Attendees with signatures (Teaching, Non-Teaching, UG & PG Students, Patients list)

Project Coordinator (Name): Dr. A.V. Khapri Designation: Assistant Professor

Signature of Project Coordinator

Endorsed By : HOD/IC

Dr. A.V. Saboo, Professor & Head

Dept. of Psychiatry

# Dr. Panjabrao Deshmukh Memorial Medical College Hospital & Research Center, Amravati.



. Websit:-www.pdmmc.edu.in Phone no. 0721-2552358 E-mail ID: drpdmmc2007@rediffmail.com

Outward No. : PDHRC/ 3414 /2023

Date: - 15/09/2023

### NOTICE

An awareness program is organized on the occasion of World Suicide Prevention Day on 16.9.2023 at 10.30 Am in the OPD premise. Program is being organized by the department of Psychiatry. Senior Staff will address the program.

It is requested to inform all of your subordinate & concern staff to attend the said program.

Medical Superintendent Dr. PDMMC Hospital , Amravati

Copy for information :- Hon'ble Dean, Dr.P.D.M.M.College, Amravati.

Copy to :- 1. HOD, Psychust J.-, Dr.P.D.M.M.College, Amravati.

2. Nursing Superintendent, Dr.P.D.Hospital, Amravati.

3. Mr. Akshay Pathrikar, MSW, Dr.P.D.Hospital, Amravati.

4. Mr. Swapnil Paikrao, PRO, Dr.P.D.Hospital, Amravati.

5. Mr. Gaurav Ghulakshe, Asst. Technical Expert, Dr.P.D. Hospital, Amravati.

6. MBBS Students, {College Notice Board & Hostel Notice Board}

Bept. of Peychietry

Dr. P.D.M.M.G. Area
Inward No. 466123

Date L. 5109 12023

Sign.



### Shri Shivaji Education Society Amravati's

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PDMMC/PSY/Out no.

# **Department of Psychiatry**

Date:

# "World Suicide Prevention Day" on 16th September, 2023

















# नवभारत

# आत्महत्या से जुड़े विभिन्न मुद्दों पर किया गया मार्गदर्शन

PDMC में विश्व आत्महत्या रोकथाम दिवस मनाया



■ अमरावती, ब्यूरो. शिवाजी शिक्षण संस्थान द्वारा संचालित डॉ. पंजाबराव देशमुख स्मृति मेडिकल कॉलेज एवं अस्पताल में मनोरोग विभाग की ओर से 'विश्व आत्महत्या रोकथाम दिवस' मनाया गया. कार्यक्रम की अध्यक्षता संस्थापक डॉ. अनिल देशमुख ने की. प्रास्ताविक विभाग प्रमुख डॉ. आशीष साबू ने किया. विभागाध्यक्ष के मार्गदर्शन में स्नातकोत्तर विद्यार्थियों ने पावर प्वाइंट प्रेजेंटेशन के माध्यम से आत्महत्या के कारणों, इसके जोखिम कारकों, चेतावनी के संकेतों और

आत्महत्या करने वाले रोगियों के प्रबंधन के बारे में जानकारी दी. कार्यक्रम में मुख्य रूप से चिकित्सा अधीक्षक डॉ. पवन टेकाड़े, डा. विल्हेकर, डॉ. बनसोड़, डॉ. तोरकडी, डॉ. एस. एस. व्यास, डा. एस. एन. अग्रवाल, डॉ. एम. पी. मुर्के, डॉ. वी. ए.खांदेवाले, डॉ. एन. वी. बारब्दे, डॉ. एस. डब्ल्यू. पाटिल, डॉ. रोहित देशमुख, डा. अनुराग खापरी, डा. अभिषेक समर्थ, डॉ. ठोंबरे, मरीजों के परिजन, छात्र और शिक्षकेतर कर्मचारी बड़ी संख्या में उपस्थित थे. आभार मुकंद मुके ने माना.



# Shri Shivaji Education Society Amravati's

### DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE

Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



Shri. Harshvardhau P. Deshmukh President Shri Shivaji Education Society

\*OfficeTel: 0721-2552353

•Fax: 0721-2552353 •Website: www.pdmme.edu.in •E-mail: drpdmme2007@rediffmail.com

Out. No. PDMMC/EST/7 8/6/2022

Date: 2/10/2022

### CIRCULAR

On the occasion of "World Mental Health Day", Department of Psychiatry is organizing Pole Play and Poster Exhibition to spread awareness regarding mental health.

All the Teachers, faculty members, students and non-teaching staff are invited to grace the occasion.

Date: 10th October, 2022 (Monday)

Time: 10.00 am

Venue: OPD premises, Dr. P.D.M.M.C. Amravati.

Dean Dr. P. D. M. Medical College Amravati.

DEAN

### Copy for Information and necessary action :-

Dr. Paniabrao Alias Bhausaheb DeshmiAh (All Departments)! He She is directed to 1. All HOD, Department of

circulate this circular amongst the staff and students.

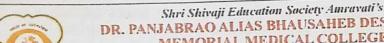
2. I/C Electric Department

3. I/C Computer Department

4. Clerk: To make Attendance of staff and students.

### Copy To -

- 1. The Director, Dr. P.D.M.M.C. Amravati.
- 2. Administrative Officer
- 3. Medical Superintendent
- 4. Dy. Medical Superintendent



DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE

Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



Shri. Harshvardhan P. Deshmukl President Shri Shivaji Education Society

OfficeTel: 0721-2552353

•E-mail: drpdmmc2007(a rediffmail.e)

PDMMC/PSY/486/2022

# **Department of Psychiatry**

Date:/3/10

12022

## Activity (Event) Report

Project/Activity/Event Name: "World Mental Health Day" (Organizing Role Play and Poster Exhibition) 10th October, 2022

Venue / Place: Psychiatry OPD No. 07 Department / Section : Dept. of Psychiatry

Dr. P.D.M.M. C. Amravati.

Objectives:

1. To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

2. Prevention and treatment of mental and neurological disorders and their associated disabilities.

3. Use of mental health technology to improve general health services.

### Importance / Relevance / Introduction:

Important of Celebration/Awareness: They can help you to build a sense of belonging and self-worth, give you an opportunity to share positive experiences, provide emotional support and allow you to support others.

Brief Description of the activity carried out:

World Mental Health Day is celebrated on 10<sup>th</sup> October, 2022 at Psychiatry OPD No. 7, Dr. P.D.M.M.C. Amravati under the supervision of Dr. A. V. Saboo, Professor & Head, Department of Psychiatry.

### Attendees-

- Chief guests- Dr. A. T. Deshmukh (Dean at Dr. PDMC) and Dr. P. R. Somwanshi (Director at Dr. PDMC)
- Faculty members- Head of the departments and other faculties.
- Patients and their relatives

### Pre-event activities-

- General welcome
- A warm welcome of chief guests, faculties and residents by Dr. V. A. Khandewale

#### Main Event-

1. Poster Presentation: Posters depicting various mental health disorders, the myths are presented in the control of the contr surrounding those and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the role of a qualified Mental Health Personnel in the same and the sam management of these disorders were made by the GNM Nursing Students of PDMMC and were displayed for public awareness and appreciation.

a qualified Mental Health proffessional in the treatment of Depression and Anxiety disorders, the effects of Alcohol on day to day life and the need for deaddiction, the subtle features of OCD that might warrant Psychiatric help and the myths and the irrational practises surrounding grave psychiatric disorders like Schizophrenia and Bipolar Mood Disorder were beautifully depicted in this Role Play. All the disorders which were shown in the play were explained by Dr. Rujuta Latkar, a Resident from Department of Psychiatry in a very clear and lucid manner.

3. Prize Distribution: Towards the end of the role-play, prizes were distributed to the students who had made the Top 3 best Posters. They were given a Certificate and a token of appreciation.

### Recommendations:

#### Enclosure:

3

2. Photographs

3. Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students)

Project Coordinator (Name): Dr. A. V. Saboo

Designation: Professor

Signature of Project Coordinator

Endorsed By: HOD/IC

Professor & Fised
Copportment of Psychietry
Dr. Panjabrao alias Bhaus: h-D Deshmuta
Memorial Medical Coffee, Amravati

### Attendance Sheet

Date: 10/10/2022

Title: Mental Health Day Celebration (Organizing Role Play and Poster Exhibition)
Organiser: Department of Psychiatry

### UG / PG / Nursing Student

Sr. no.	Name	Signature
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11	Harsha Raub	Rout
12	Vandana Sapkal	Asph.
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14	Parikmit Ingle (Ophmalm)	Rugh
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18	Dr Ashwini Kalede	K.
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20	Radhika S. Gawande	Eguel.
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# Attendance Sheet

Date: 10/10/2022

Title: Mental Health Day Celebration (Organizing Role Play and Poster Exhibition)

Organiser: Department of Psychiatry

# Non-Teaching Staff

Sr. no.	Name	Signature
1	mr. Arid V. Chandurton	A
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#### **WORLD MENTAL HEALTH DAY**



# World Mental Health Day

10th October 2022

Theme: 'Make Mental Health & Well-Being for All a Global Priority'

Department of Psychiatry Dr. PDMMC, Amravati

#### **POSTER**

# WELCOME ADDRESS BY THE HOD (DR. A. V. SABOO)









**ROLE-PLAY** 



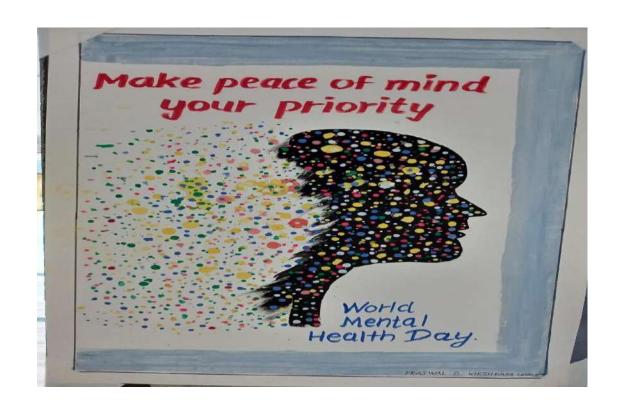




#### **WINNERS OF POSTERS**











#### Shri Shivaji Education Society Amravati's

#### DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE

Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology)



Shri, Harshvardhan P. Deshmukh President Shri Shivaji Education Society

oOfficeTel: 0721-2552353

•E-mail: drpdmmc2007/a rediffmail.com

Out. No.PDMMC/EST/53平/2021

Date: 05 10 2023

### CIRCULAR

On the occasion of "World Mental Health Day", Department of Psychiatry is organized a Mental Health Awareness Program for OPD Patients.

All the Teachers, faculty members, students and non-teaching staff are invited to grace the occasion.

Date: 10th October, 2021

Time: 10.00 am

Venue: OPD premises, Dr. P.D.M.M.C. Amravati.

Dean Dr. P. D. M. Medical College Amravati.

#### Copy for Information and necessary action :-

Or Panjabrao Alias Bhausaheb Deshmith (All Departments) Medical College, Amrayan and students 1. All HOD, Department of to circulate this circular amongst the staff and students.

#### Copy To -

- 1. The Director, Dr. P.D.M.M.C. Amravati.
- 2. Administrative Officer
- 3. Medical Superintendent
- 4. Dy. Medical Superintendent



#### Shri Shivaji Education Society Amravati's DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE

Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



Shri. Harshvardhan P. Deshmukh President Shri Shivaji Education Society

«OfficeTel: 0721-2552353

•Fax: 0721-2552353 •Website: www.pdmmc.edu.in •E-mail: drpdmmc2007@rediffmail.er

PDMMC/PSY/572/2021

Department of Psychiatry

Date: 11/10/2021

#### Activity (Event) Report

Project/Activity/Event Name: "World Mental Health Day" 10th October, 2021

Venue / Place: Psychiatry OPD No. 07 Department / Section : Dept. of Psychiatry

Dr. P.D.M.M. C. Amravati.

#### Objectives:

- 1. To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.
- 2. Prevention and treatment of mental and neurological disorders and their associated disabilities.
- 3. Use of mental health technology to improve general health services.

#### Importance / Relevance / Introduction:

Important of Celebration/Awareness: They can help you to build a sense of belonging and self-worth, give you an opportunity to share positive experiences, provide emotional support and allow you to support others.

#### Brief Description of the activity carried out:

World Mental Health Day is celebrated on 10th October, 2021 at Psychiatry OPD No. 7, Dr. P.D.M.M.C. Amravati under the supervision of Dr. A. V. Saboo, Professor & Head, Department of Psychiatry.

The theme of 2021's mental health day was "Mental Health in an unequal World". A programme promoting mental health was conducted by the department for the patients visiting the hospital OPD and the students. Speakers from the faculty talked about the inequalities that increase the risk of mental health conditions and limit the access to mental

On the occasion of celebration Dr. A. V. Saboo, Dr. M. P. Murke, Dr. V. A. Khandewale, Dr. Rohit Deshmukh, Dr. Anurag Khapri all post graduate students, Non-Teaching staff activity participated.

#### Recommendations:

Enclosure:

Photographs

Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students)

Project Coordinator (Name): Dr. A. V. Saboo

**Designation**: Professor

Endorsed By: HOD/IC

Signature of Project Coordinator Salar

Professor & Head

Department of Psychiatry Gr Ponjabrao alias Bhaus h-b Deshmulb

Memorial Medical College, Amravari

r. Panjabrao Alies Bhausaheb Des Memorial Medical Callege, Amr.

# Attendance Sheet

Date: 10/10/2021

 $\begin{tabular}{ll} Title: "World Mental Health Day" Celebration $10^{th}$ October, 2021 \\ Organiser: Department of Psychiatry \\ \end{tabular}$ 

	Teaching Staff	Signature
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# Attendance Sheet

Date: 10/10/2021

 $\begin{tabular}{ll} Title: "World Mental Health Day" Celebration $10^{th}$ October, $2021$ Organiser: Department of Psychiatry \\ \end{tabular}$ 

	Non-Teaching Staff	Signature
Sr. no.	Name	
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# Attendance Sheet

Date: 10/10/2021

Title: "World Mental Health Day" Celebration 10th October, 2021

Organiser: Department of Psychiatry

TIC	/PC	Stud	lent
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UG/PG Student		
Sr. no.	Name	Signature
1	Dr. Ajay Barri	-Hawi
2	Dr. Shraddha Soui	S. n. soul R. mahashi
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### 10th October, 2021: Mental Health in an unequal world.

> A program promoting mental health was conducted for patients visiting the Outpatient department.







# Shri Shivaji Education Society Amravati's DR. PANJABRAO ALIAS BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE

Shivaji Nagar, Amravati- 444603



Dr. Anil T. Deshmukh MD (Pathology) Dean



Shri. Harshvardhan P. Deshmukh President Shri Shivaji Education Society

OfficeTel: 0721-2552353

•E-mail: drpdmme2007@rediffmail.com

PDMMC/PSY/245/2020

Department of Psychiatry

Date: 20/10/20

#### Activity (Event) Report

Project/Activity/Event Name: "World Mental Health Day" 10th October, 2020

<u>Venue / Place</u>: Psychiatry OPD No. 07 <u>Department / Section</u>: Dept. of Psychiatry

Dr. P.D.M.M. C. Amravati.

#### Objectives:

 To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

Prevention and treatment of mental and neurological disorders and their associated disabilities.

3. Use of mental health technology to improve general health services.

#### Importance / Relevance / Introduction:

Important of Celebration/Awareness: They can help you to build a sense of belonging and self-worth, give you an opportunity to share positive experiences, provide emotional support and allow you to support others.

#### Brief Description of the activity carried out:

World Mental Health Day is celebrated on 10<sup>th</sup> October, 2020 at Psychiatry OPD No. 7, Dr. P.D.M.M.C. Amravati under the supervision of Dr. A. V. Saboo, Professor & Head, Department of Psychiatry.

The theme of 2020's mental health day was "Move for Mental health: increased investment for mental health".

Owing to the growing pandemic and the strict protocols surrounding it the department put up multiple banners and posters regarding COVID and its impact on mental health in the hospital as well as the hostel campus.

Pamphlets were also distributed by the social workers to the patients and visitors explaining the common symptoms and manifestations of COVID and its impact on mental health.

On the occasion of celebration Dr. A. V. Saboo, Dr. M. P. Murke, Dr. V. A. Khandewale, Dr. Bhakti Murkey, all post graduate students, Non-Teaching staff activity participated.

#### Recommendations:

#### Enclosure:

- 1. Covering Letter
- 2. Photographs
- 3. Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students)

Project Coordinator (Name): Dr. A. V. Saboo Signature of Project Coordinator

Designation: Professor Endorsed By: HOD/IC

Professor & Head
Department of Psychiatry

Ps. Panjubrao altis Beans & b Deshmukh
Memorial Medical College, Amrevati

DEAN

r.Panjabrao Alies Bhausaheb Des

Memorial Medical College, Amn



Shri Shivaji Education Society, Amravati's

#### Dr. Panjabrao alias Bhausaheb Deshmukh **Memorial Medical College**

Shivaji Nagar, Amravati - 444 603 Phone: 0721-2552353 / 2662323/2665545/ Fax: 0721 - 2552353 E-mail: drpdmmc2007@rediffmail.com / Web: www.pdmmc.com



Dr. P.R. Somavanshi Dean

Shri, Harshavardhan Deshmukh **President** 

Shri Shivaji Education Society

PDMMC/PSY/169/2020

Department of Psychiatry

Date:01/10/2020

# CIRCULAR

Our Department is organizing "Mental Health Day" on 10th October, 2020 from 10.00 am onwards in OPD Premises, Dr. PDMMC, Amravati. On this occasion, in view of growing pandemic and the strict protocols, department will present banners and posters regarding COVID and its impact on mental health in the hospital as well as the hostel campus.

Saber.

Prof. & Head Department of Psychiatry Dr. P.D.M.M.C.Anterwatti Head

Copy for Information and necessary action :-

Department of Psychiatry

Dr Panjabrao ali s Brans h b Deshmuka (All Departments): He/She is directed tothe g., Amen vaid circulate this circular amongst the staff and students. This is for your information.

#### Copy To -

1. Administrative Officer

1. All HOD, Department of

- 2. Medical Superintendent
- 3. Dy. Medical Superintendent

#### Attendance Sheet

Date: 10/ 10/2020

Title: "World Mental Health Day" Celebration 10th October, 2020

Organiser : Department of Psychiatry

Teaching Staff

Sr. no.	Teaching Staff	
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# Attendance Sheet

Date: 10/ 10/2020

Title: "World Mental Health Day" Celebration 10th October, 2020 Organiser: Department of Psychiatry

Sr. no.	Non-Teaching Staff	
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### Attendance Sheet

Date: 10/ 10/2020

Title: "World Mental Health Day" Celebration 10th October, 2020 Organiser: Department of Psychiatry

#### **UG/PG** Students

UG/PG Students		
Sr. no.	Name	Signature
1	Dr Ajay Balli	Asaml
2	Dr Shradelha Soi	E. m. sons.
3	Or Raynak Mahanshi	o. mahort.
4		N. Thankan
5	Dr. Drupa Rhambure Dr. Dmirben Charlos	eboon Duis
6	CO. SHARAYU BALWAIK	Shran
7	Dr. Neha Agamel	Novie Agon
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# 10th October,2020 : Move for mental health: Let's invest!

- > Owing to the strict protocols of the pandemic, the Department put up multiple banners and posters regarding COVID and mental health in common spaces in the hospital and hostels.
- > Pamphlets were distributed by social workers to patients and visitors explaining common symptoms for them to avail the Psychiatric services at the hospital.





#### Shri Shivaji Education Socity's Amravati

#### Dr. PANJABRAO alias BHAUSAHEB DESHMUKH MEMORIAL MEDICAL COLLEGE,

AMRAVATI

Shivaji Nagar, Amaravati-444603

PDMMC/PSY/2-05 /2019

DATE: (6/19/20/9

# DEPARTMENT OF PSYCHIATRY

#### Activity (Event) Report

Project/Activity/Event Name: "World Mental Health Day" 10th October, 2019

Venue / Place: Psychiatry OPD No. 07 Department / Section: Dept. of Psychiatry

Dr. P.D.M.M. C. Amravati.

Objectives:

 To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

2. Prevention and treatment of mental and neurological disorders and their associated

disabilities.

Use of mental health technology to improve general health services.

Importance / Relevance / Introduction:

Important of Celebration/Awareness: They can help you to build a sense of belonging and self-worth, give you an opportunity to share positive experiences, provide emotional support and allow you to support others.

Brief Description of the activity carried out:

World Mental Health Day is celebrated on 10<sup>th</sup> October, 2019 at Psychiatry OPD No. 7, Dr. P.D.M.M.C. Amravati under the supervision of Dr. S. B. Deshmukh, Professor & Head, Department of Psychiatry.

The theme of 2019's mental health day was "Mental Health promotion and suicide

prevention".

The department organized a suicide awareness programme with the doctors from the faculty speaking about the increasing incidence and the various new emerging factors leading to suicide in the general population.

A flash mob was organized by the under graduate students with respect to the same

with multiple posters and cards displayed showing slogans.

On the occasion of celebration Dr. S. B. Deshmukh, Dr. A. V. Saboo, Dr. M. P. Murke, Dr. V. A. Khandewale, all post graduate students, Non-Teaching staff activity participated.

#### Recommendations:

#### Enclosure:

1. Covering Letter

Photographs

3. Classified list of Attendees with signatures (Teaching, Non-Teaching, PG Students)

Project Coordinator (Name): Dr. A. V. Saboo Designation :

Asso.Professor

instar Operance & Hes

Signature of Project Coordinator Professor & Head

Endorsed By: HOD/IC

Department of Psychiatry

Dr. Panjabrao alias Baaus is b Deshmuki Memorial Medical College, Amravati

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comorial Medical College, Amraval

Panjabrao Alies Bhansabel Deshrek Memorial Medical College, Amravati



#### Shri Shivaji Education Society, Amravati's

#### Dr. Panjabrao alias Bhausaheb Deshmukh Memorial Medical College

Shivaji Nagar, Amravati - 444 603 Phone: 0721-2552353 / 2662323/2665545/ Fax: 0721 - 2552353

E-mail: drpdmmc2007@rediffmail.com / Web: www.pdmmc.com



Dr. P.R. Somavanshi Dean Shri. Harshavardhan Deshmukh President, Shri Shivaji Education Society

Out.No.PDMMC/EST/7263/2019

Date: - 7/10/.2019

## CIRCULAR

"Mental Health Day" is organized by Department of Psychiatry on 10<sup>th</sup> October, 2019 from 10.00 am onwards in OPD Premises, Dr. PDMMC, Amravati. On this occasion, Department will organized a Suicide Awareness Program for OPD patients.

All the Teaching staff, faculty members, students and non-teaching staff are instructed to grace the occasion.

Dean
Dr. P. D. M. Medical College
Amrayati.

#### Copy for Information and necessary action :-

- 1. All HOD, Department of \_\_\_\_\_(All Departments): He/She is directed to circulate this circular amongst the staff and students. This is for your information.
- 2. I/C Electric Department.

#### Copy To -

- 1. Administrative Officer
- 2. Medical Superintendent
- 3. Dy. Medical Superintendent

### Attendance Sheet

Date: 10/ 10/2019

Title: "World Mental Health Day" Celebration 10th October, 2019

Organiser: Department of Psychiatry

	Teaching Staff	
Sr. no.	Name	Signature
1	Dr. A.V. Salooo	Savor
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### Attendance Sheet

Date: 10/ 10/2019

Title: "World Mental Health Day" Celebration 10<sup>th</sup> October, 2019 Organiser: Department of Psychiatry

C	Non-Teaching Staff	
Sr. no.	Name	Signature
1	Mrs. Duil chandyrkor	Dus
- 2	Imos. Padmaja Kite.	A. KMS
3	rms. Kalpana Kalmegl	A. Kits
4	Mx. Yogesh Kale	Oninie_
5	Miss Anteiler wasanto	Amender
6	Mrs. Harshada Cenjor	Him
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# Attendance Sheet

Date: 10/ 10/2019

Title: "World Mental Health Day" Celebration 10th October, 2019 Organiser: Department of Psychiatry

UG/PG Students

	UG/PG Students	
Sr. no.	. Name	Signature
1	Do. Tejswini Rahle	Bahule.
2	or : Duithou Chalcribe	A O charlenoto
3	OR SHARAYU BOUNEUK	) Spalinely
4	00. Houpd Bhambure	· LB
5	Ceavri Belo	· (alsor.
6	Arinath Lannal	Allers
7	M. Blirsacle	MBinosolo
8	samilisha Chadheery	Pipin,
9	Graneth Oheke.	olly
10	Anagha Deshmukli	Semuleu.
11	Sheedi chanhoen	porto.
12	Con mi Phemore	Gen.
13	Shrqvani yadkhande	Silve
14	Priyenta Franch	(i fa.
15		Agret.
16	Splinen Talhon.	Spachan

### 10th October, 2019: Mental Health Promotion and Suicide

> Owing to the increased incidence of suicide, the department organized a suicide awareness program. A flash mob was performed undergraduate students for patients visiting the Out-Patient Department of the hospital.

